



Teambuilding, Communication, Customer Service and more...

PRESENTED BY Barbara Khozam

<u>Barbara@BarbaraKhozam.com</u> www.BarbaraKhozam.com



Table of Contents

Program Objectives	3
Teamwork	4-6
Communication	7-13
Customer Service	14-20
Dealing with Irate Patients	21
Dealing with OUR Anger	22
Action Plan	
Appendix A: Listening Self-Assessment	24
Appendix B: Listening Information	25-26
Appendix C- Aggressors, Victims and Rescuers	27
Appendix D: PHONE Etiquette Protocol	28



Program Objectives

Teamwork and communication skills are the foundation of all successful teams. Once we realize that everyone we encounter is our "customer" and we treat them as such, morale improves as does productivity and job satisfaction. This workshop will help participants learn teamwork, communication, and customer service skills in a fun and interactive setting.

This workshop includes the following topics, among others:

- Teamwork why it's so important for the individual and the team
- Communication understanding our style and the style of others and learn why it matters
- Customer Service/ Patient Experience reviewing positive behaviors scripts
- Dealing with the Irate Patient discussing why complaints are not always bad
- Dealing with OUR Anger reviewing strategies to being in control emotionally
- Leaving with an action plan for future success

TEAMBUILDING

EXERCISE: Two Truths and a Lie

•						ment ab	out you	ırself – i	n no pa	articular order. (It's
importar For exar family."		•			,	rn in Ne	w York,	and I'n	n the sh	nortest person in m
a										
c										
•	ead	out loud	d their	three sta	atement	s. As ea	_	•	•	e and have each statements, the
1		2	3	_ 4	5	6	7	8	9	_ 10
-							-			are being read, the reveals the result.
		•		scores.						

How do you create a culture (environment) where EVERYONE is delivering an exceptional experience, every time to every *person*?

It all starts	!		
 Mission 			
Vision			
 Values 			
Notes:		·	
What are the characteristics of a G	reat Team Member	?	
1. Which behaviors are the MOST i	mportant?		
2. Which are your strengths?			
3. Which behaviors do you need to	improve?		_



EXERCISE: "OUNCES IN A POUND"

INSTRUCTIONS: Each item below contains the initials of words that make it correct. Find the

missing words.

EXAMPLE: 16 = 0. in a P. Ounces in a pound

1. 26 = L. in the A.	
2. 12 = S. of the Z.	
3. 54 = C. in a D. (with the J.)	
4. 88 = P.K.	
5. 32 = D. F. at which W. F.	
6. 18 = H. on a G. C.	
7. 90 = D. in a R. A.	
8. 200 = D. for P.G. in M.	
9. 3 = B. M. (S. H. T. R.)	
10. 4 = Q. in a G.	
11. 24 = H. in a D.	
12. 1000 = W. that a P. is W.	
13. 40 = D. and N. of the G.F.	
14. 15 = M. on a D. M.C.	
(Y. H. H. A. a B. O. R.)	
15. 50 = W. to L.Y.L.	

COMMUNICATION

		Communication: The key to successful communication is that people want you cate with them in style, notstyle.
So, h	ow do <u>y</u>	you determine someone's preferred style?
		and LISTEN
Pass	ive	→ Assertive → Aggressive
Sel	f-Sty	le Analysis
please	e be as	ONS: This informal survey tries to give you a clear picture of how you see yourself, so candid as possible. Circle the letter I or E, and P or A, to the left of the statement that is out you. Make a choice for every set of statements.
1	E I	Easy to get to know personally in business or unfamiliar social environments More difficult to get to know personally in business or unfamiliar social environments
2.	I E	Focuses conversations on issues and tasks at hand; stays on subject Conversation reflects personal life experiences; may stray from "business at hand"
3.	P A	Infrequent contributor to group conversations Frequent contributor to group conversations
4.	P A	Tends to adhere to the letter of the law Tends to interpret the spirit of the law
5.	l E	Makes most decisions based on his/her goals, facts or evidence Makes most decisions based on his/her feelings, experience of relationships
6.	P A	Infrequent use of gestures and voice intonation to emphasize points Frequently uses gestures and voice intonations to emphasize points
7.	A P	More likely to make emphatic statements like "This is so!" and "I feel" More likely to make qualified statements like "According to my sources"
8.	E I	Greater natural tendency toward animated facial expressions or observable body responses during speaking and listening More limited facial expressions or observable body responses during speaking and listening

9. ı Tends to keep important personal feelings private; tends to share only when necessary Tends to be more willing to show or share personal feelings more freely Ε 10. ı Shows less enthusiasm than the average person Shows more enthusiasm than the average person E 11. Α More likely to introduce self to others at social gatherings More likely to wait for others to introduce themselves at social gatherings Р 12. Ε Flexible about how his/her time is used by others Disciplined about how his/her time is used by others ı 13. Goes with his/her own agenda E Goes with the flow 14. More naturally assertive behavior Α Р More naturally reserved behavior 15. Α Tends to express his/her own views more readily Tends to reserve the expression of his/her own opinions 16. Α Tends to naturally decide more quickly or spontaneously Р Tends to naturally decide more slowly or deliberately 17. 1 Prefers to work independently or dictate the relationship conditions Prefers to work with others or be included in relationships Ε Ρ 18. Naturally approaches risk or change more slowly or cautiously Naturally approaches risk or change more quickly or spontaneously Α

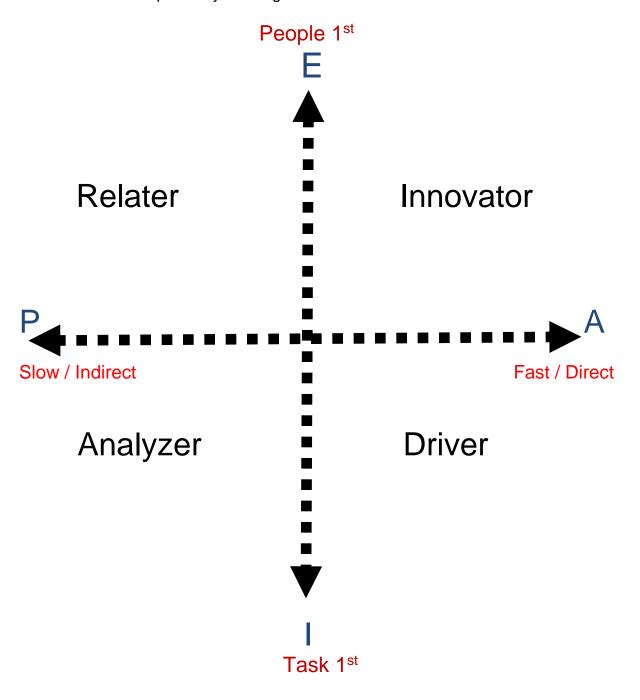
Total number of circled: ____I ___E / ____P ____A

E-I = _____ A-P = ____



Self-Style Analysis, continued

- 1. Plot your first number (E minus I) on the vertical line. Place a dot on the line that represents your number. This number will be between -9 and +9.
- 2. Plot the second number (A minus P) on the horizontal line. Place a dot on the scale indicating your number, which will again be between -9 and +9.
- 3. Connect the two points by drawing a line from one dot to the other.



Self-Style Analysis debrief

	Notes/Thoughts
Relater	
Focuses on group harmony and steadiness	
 Creates group climate of trust, dependability and security 	
• Listens sincerely to group member feedback and ideas	
 Tends to be more careful and contemplative with the goals and actions of the group 	
Tends to be indecisive under stress	
Open and considerate	
Needs: Personal assurance, comfort, direction, sincerity and a slower, methodical pace Fears: Conflict	
Innovator	
 Focuses on people and group member relationships 	
 Enjoys group work and people involvement 	
Encourages group innovation	
Considers group member facts, opinions and ideas	
 Gets group members to do things by using persuasion more than power 	
Tends to be impulsive under stress	
Optimistic	
Needs: Recognition, approval, a fast pace, involvement and fun	
Fears: Being dislikes	

Self-Style Analysis debrief, continued

	Notes/Thoughts
Analyzer	
 Focuses on group analysis, facts and details 	
 Encourages the group to plan strategically and focus on tasks 	
 Creates a climate where group rules are encouraged and followed 	
 Encourages the group to solve problems through effective analysis 	
 Doesn't encourage group spirit as much as group process 	
Tends to withdraw under stress	
Contemplative and reserved	
Needs: To be right, a slow pace for processing information, accuracy and time to be alone Fears: Being wrong and confronting a quick change without substantiation	
Driver	
Focuses on group goals and results	
Expects group to take action and be decisive	
Encourages risk taking	
 Expresses own opinions and feelings freely to the group 	
 Doesn't encourage a lot of interpersonal group member involvement 	
 Tends to be controlling when under stress 	
Competitive	
Needs: Control, a fast pace, independence and accomplishment	
Fears: Being taken advantage of	

EXERCISE for Self-Style Analysis:

- ۱ ۱	 Write what you think THEIR style is
4. ·	
5.	Write ideas on how you can deal with them differently
-	

The Transmission Model of Communication



Rule #2 of Communication: It is ALWAYS the sender's responsibly to make a particular communication as clear as possible for the receiver.

How?

- Asking the right questions.
 - o Yes/No questions
 - o Open ended questions

EXERCISE: Work with two or three peop determine if someone else understood YO		-	ons or phrases to		
1	·				
2					
1	2				
~					
3	4				
РВ		Sex	Dog		
MB BB		Drum	Child		
3 Components of Communication					
VERBAL (words)					
VOCAL (sounds and tone)					
VISUAL (body language)					
EXERCISE : With a partner, read the follow would convey the meaning without us		nents and think	of gestures that		
1. "What you're saying is important."					
. 2. "Everything is going to be all right."					
3. "I know you're there, I'll be right with you."					
4. "I'm a professional and I knowwhat I'm doing."					
5. "We're happy you chose to come to (our dental practice)"					

CUSTOMER SERVICE / PATIENT EXPERIENCE

Why is creating an extraordinary patient experience so important?						
Who	Who are your customers?					
EXEF	RCIS	SE: Wł	nat do YOU think?!			
take a	look	at our	the challenges of today's dental marketplace, let's current level of understanding of what's happening in by this TRUE-FALSE quiz and let's talk about your answers.			
Circle	your	answei	r:			
1.	Т	F	People associate the name of an organization with their service reputation.			
2.	Т	F	Quality of dental care is what sets our dental practice apart from other practices in the region.			
3.	Т	F	We can't please all of our patients all of the time.			
4	Т	F	Everyone is entitled to have a "bad day" once in a while.			

Customer Service Statistics

- Only __ percent of companies have a well-developed customer experience strategy, according to Ecoconsultancy. of companies think they provide great service but only of customers agree.
- Of customers who switched to a competitor, up to 80% say they were _____ before making the switch.
- of consumers quit doing business with a company because of ____bad experience
- ____of buying experiences are based on how the customer ____they are being
- _____of unhappy customers don't complain; however, _____of those will simply
- _____ of customers would pay extra to guarantee better service. —Defaqto Research

What creates an Extraordinary Patient Experience?



Extraordinary Service is a GIFT

Why are service protocols important?

	Acknowledge Immediately				
	Use eye contact and smile				
Greeting	Introduce yourself / Wear name badge				
	Use the patient's name				
	Keep your voice warm and friendly				
Whose job is it to create a positive first impression?					
 What can YOU do in your practice to make sure a customer has a memorable first impression? 					
Share personal story and/or example:					

	Listen
	Maintain eye contact
Inform / Inquire	Let the patient finish talking – do not interrupt
	Use simple language
	Explain 'WHY"
	Use Empathy

EXERCISE: Practice using Empathy

- Find a partner
- One of you is the employee, the other is the patient

	Repeat information for accuracy
Follow through / follow up	Let patients know if delays are expected Guide patient to a solution Ask "What are your questions?"
	Look for the unexpected "extra step" and take
Discuss other ways of comr	municating delays y", "later", "in a few minutes", etc.)
more:	o" looks like. Give examples and have them come up with reative, yet realistic, idea wins a prize!)

	When the patient thanks you say "You're welcome" or "It's my pleasure
Take Responsibility	Deal with complaints quickly and efficiently
	Ask "Is there anything else I can help you
	End with a positive good-bye
	Follow-up to resolve unmet needs
Discuss benefits of complaints	
Discuss ways to ensure patient follows treatment plan or follows up appropriately	

Extraordinary TELEPHONE Etiquette

EXERCISE: Fill in the blank

Answer phones saying, "	
During the call, use the person's	where appropriate.
Respond to a caller's request by sayin	g "
Before putting the caller on hold ask, "_	,,
(AND WAIT FOR	!)
If the caller cannot wait, offer to	
	ıy, ""
When transferring the call,	
After taking a message,	.
Do NOT hang up on	
Before ending the call ask, "	,,
EXERCISE: Convert the Don't say phr	Do say
1."Hang on."	
2. "You misunderstood."	
3. "We're short staffed."	
4. "Calm down."	
5. "I don't know."	
6. "It's not the policy"	
7. "Thanks for calling, sweetie."	
8. "No, we don't have any more appointm	

How to deal with "difficult" patients

Service Recovery with H.E.A.R.T.

It's not always easy to "keep your cool" when others lose theirs! But it helps to focus on what causes people to be upset and to use proven techniques for responding effectively when people complain.

HEAR THEM OUT

- Let the upset person get the whole story out

EMPATHIZE

 Look at the situation through the other person's eyes; acknowledge the person's right to be upset

Acknowledge/Apologize

- Say you're sorry for the inconvenience

REVIEW

- Ask for the details about the problem
- Ask "What can I do to help?"
- Make a correction if possible

TELL WHAT YOU CAN DO

- Follow through
- Refer the problem to your supervisor as appropriate

EXERCISE: Practice

- 1. Work in teams of 2 or 3
- Practice the HEART model
- 3. Rotate roles
- 4. Report when called upon

Handling YOUR Anger

E + R = O	(Jack Canfield)
=	
What are YOUR Hot Buttons, Triggers, Personal R you mad at the office?)	ules? Write them here. (Or, what makes
1	
2	
3	
With your table mates, figure out the solution.	
1	
2	

Ways to Relieve Stress:

- Admit it
- Write it out
- Exercise
- Role play
- Take a deep breath before you speak
- Count to 10 silently before you interrupt
- Imagine this person is a beloved relative who is having a bad day
- Hear the person out rather than arguing
- When all else fails, respectfully call a manager to assist

ACTION ITEMS

1		-
	_	
Deadline:		
2	 	
Deadline:	 _	

APPENDIX A:

LISTENING Self-Assessment

Instructions:

Ν

Ν

S

S

Α

Α

- Take a look at your own listening skills.
- Read each statement and circle your initial reaction, using "N" for never, "S" for sometimes and "A" for always.
- Think about how these behaviors affect your communication skills

person is finished talking.

Ν S Α 1. I am careful not to jump to conclusions when someone is speaking. S Ν Α 2. I listen for intent rather than just to the words a person says. Ν S Α 3. I am well prepared before communicating with others. S Ν Α 4. I paraphrase what I think I've heard someone say. Ν S Α 5. I pay attention to the speaker's tone of voice and body language. Ν S Α 6. I ask listeners to paraphrase what they have heard from me. S Ν 7. I don't resist new ideas for change before hearing the speaker's Α proposal or position. Ν S Α 8. I don't make prejudgments about the speaker. Ν S Α 9. I am cautious about not planning a response in my mind before the

The single most important principle in the field of interpersonal relations is this: Seek first to understand, then to be understood. Most people listen, not with the intent to understand, but with the intent to reply.

11. I mentally commit to listening to the other person.

10. I frequently use open-ended questions to stimulate conversation.

Stephen R. Covey, The 7 Habits of Highly Effective People®

Listening

The single most important principle in the field of interpersonal relations is this: Seek first to understand, then to be understood. Most people listen, not with the intent to understand, but with the intent to reply.

Stephen R. Covey, The 7 Habits of Highly Effective People®

Your Listening Style

- People speak at 100 to 175 words per minute (WPM) but can listen intelligently at up to 300 WPM. *Only a part of the mind is listening!* That's why you said it and the listener didn't "hear" it.
 - Competitive/Combative
 - Passive/Attentive
 - Active/Reflective

Active Listening

When you listen empathically, you don't just hear words. You hear thoughts, beliefs and feelings. Empathic listening is highly active and requires hard work. Following the steps below will help you to improve your listening skills.

1. <u>Decide to listen and concentrate</u> on the speaker.

Roadblocks to Effective Listening

Roadblocks to effective listening can be external or internal. External roadblocks can include distracters such as: noise, an uncomfortable temperature or seating, or an inappropriate location. Try to be aware of external roadblocks and offset them if possible. Internal roadblocks include a variety of conditions or reactions within the speaker or audience, such as:

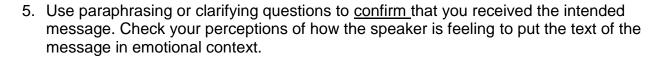
- Emotional interference.
- Defensiveness.
- Hearing only facts and not feelings.
- Not seeking clarification.
- Hearing what is expected instead of what is said.
- Stereotyping.
- Matter dismissal (e.g., "We've never done it that way before.")

Listening, continued

- 2. Use your imagination and <u>enter the speaker's situation</u>. Concentrate and try to imagine his or her frame of reference and point of view.
 - ➤ Intentionally focus on who you are listening to. You should be able to repeat back in your own words what they have said to their satisfaction. Does this mean you agree with the speaker? "No," but rather that you understand what they are saying.
- 3. Observe the speaker's vocal inflection, enthusiasm or lack of it, and style of delivery. These are essential components of the message. If you are speaking face-to-face, pay attention to the speaker's facial expressions and other nonverbal cues for more insight into the message.
- 4. <u>Listen without interruption</u>. Note key phrases or use word associations to remember the speaker's content.

Active Listening Tips

- ✓ Make eye contact. Eye contact increases the chances of "getting" the message and demonstrates interest and attention.
 - When listening to someone on the phone, try <u>not</u> to look at things that will take attention away from the speaker.
- ✓ Adjust your body posture. Facing the speaker and slightly leaning in suggests that you are paying attention and helps you to stay tuned in.
 - When on the phone, position yourself so that you're comfortable but not so relaxed that you lose the ability to attend to the speaker.
- ✓ Give verbal or nonverbal acknowledgment. Acknowledging the speaker helps involve you in the communication process and shows you are paying attention.
- ✓ Clear your mind. Clear your mind of your own thoughts to avoid wandering mentally.
- ✓ Avoid distracting behaviors. Playing with a pencil, drumming your fingers, grimacing, jingling change in your pocket, etc. may take away from your ability to listen and distract the speaker.



6. Provide feedback to the speaker.



Appendix B: Aggressors, Victims and Rescuers

Defining specific personalities, their characteristics, and how to react to them

Communication	Characteristics	Suggested Interactions
Style Aggressors	 Demanding and loud Poor listeners Interrupters Must-win Sarcastic/rude Bullies 	 Let them vent Use active listening skills Keep your emotions under control Hold your ground Address the key issue only Do not embarrass them Give them a way out/seek a win-win
Victims	 Appear to be timid/helpless Believe that people don't understand them, their situation Tend to feel sorry for themselves Tend to blow things out of proportion Blame others for their problems 	 Listen Provide feedback on your understanding of what the Victim says and show empathy for how they feel about the situation Focus on solutions and the future Find ways to help them achieve short-term wins Demand solutions for complaints Help them prioritize their problems (or perceived problems
Rescuers	 Always willing to help others Need to be liked and appreciated Know-it-all behavior Know how to jump in to save the day Avoid confrontation "Yes" people Take responsibility for others rather than themselves 	 Hold them accountable Assign them more responsibilities Clearly and concisely describe parameters and deliverables Be appreciative, sincere, respectful about their contributions Avoid putting the Rescuer on the defensive Help them see that others need to learn on their own If possible, use them as a trainer or coach to help others

Extraordinary Service uses P.H.O.N.E.

Pleasant greeting	 Start with an appropriate greeting Introduce yourself and your department Respond to the caller's request with "I can help you with that." Ask the caller's name and use it two times during the call Say please and thank you
H ear the issue	 Let the caller finish talking Make a note of what the caller is telling you Make an empathy statement "That must be frustrating" "Good for you" "I'm sorry to hear that" "I understand"
Offer explanation	 Tell callers what you're doing to avoid long silences (filler words) Use layperson's language Remind callers of important details Set expectations for call backs when possible When transferring a call: let caller know s/he might get voicemail
N arrow down	 Repeat numbers and spelling of names to confirm accuracy Ask if callers can hold and tell whyand WAIT for an answer When returning to the call, say "thanks for holding (name)" Ask if the caller has any other questions
End on a positive note	 Summarize the details When the caller thanks you, say "You're welcome." or "My pleasure." End on a positive note - "Is there anything else I can do for you?" - "Thank you for calling" - "Glad I could help" - "Take care"

Course Presented by:

Barbara Khozam

PRESENTED BY Barbara Khozam



www.BarbaraKhozam.com
Barbara@BarbaraKhozam.com
619 572 1117